

FIX MY ATTITUDE | WEEK 3
PASTOR DANNY ANDERSON

Fix my _____.

Your attitude is your _____.

78% of Americans say they are a glass-half-full person.

17% say they are a glass-half-empty person.

There is a _____ to a negative attitude.

“A negative frame of mind saps your energy, as well as the energy of people around you. It weakens your confidence. It hurts your creativity and problem-solving skills. You end up focusing on obstacles, and that interferes with your ability to spot opportunities. Finally, pessimism drains the joy out of life, leaving you emotionally spent and less effective in dealing with others.” – Price Pritchett

1. Your attitude is your _____.

For the **despondent**, every day brings **trouble**; for the happy heart, life is a **continual feast**. *Proverbs 15:15*

Your attitude _____ your experience.

“Folks are usually about as happy as they make their minds up to be.”
– Abraham Lincoln

“The last of the human freedoms—to choose one’s attitude in any given set of circumstances.” – Victor Frankl

2. _____ positive input.

“Whatever we pour into our minds is going to come out of them.”
– Zig Ziglar

And now, dear brothers and sisters, one final thing. **Fix your thoughts** on what is true, and honorable, and right, and pure, and lovely, and admirable. **Think about** things that are excellent and worthy of praise. *Philippians 4:8*

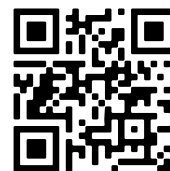
3. Interpret _____ as _____.

“The impediment to action advances action. What stands in the way becomes the way.” – Marcus Aurelius

“Every impediment only served to make the inferno within them burn with greater ferocity.” – Ryan Holiday

Dear brothers and sisters, when troubles of any kind come your way, consider it an **opportunity** for great **joy**. For you know that when your **faith** is tested, your **endurance** has a chance to grow. So let it grow, for when your endurance is fully developed, you will be **perfect** and **complete**, needing nothing. *James 1:2-4*

Hard things will come... what attitude will you **choose**?



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attitude
emotional state
high cost
choice
shapes
consume
difficulty, opportunity